



DrGraff.com

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Pre-Op Patient Information

Patient _____ DOB: _____

Surgery Date _____ Time _____ Location _____

1. Make an appointment with your primary care physician as soon as possible. History & Physical exams must be within 30 days of surgery, labs within 7 days. We will be faxing the information needed to your doctor.
2. Call our office with the appointment date and time with your primary care physician.
3. Bring the letter we gave you to your primary care physician stating the details regarding your surgery.
4. If you are a smoker, refrain from smoking 1 week before and after surgery.
5. If you take blood thinners, Heparin or aspirin etc., stop taking them 7 days before surgery.
6. The nurses from the surgery center will call you **THE DAY BEFORE SURGERY** with details regarding arrival time, and medications you can and cannot take.
7. Do **NOT** eat or drink **ANYTHING**, including medication, 8 hours prior to your surgery. This includes gum and hard candy.
8. Take a shower the morning of with an antibacterial soap like Dial or Safeguard.
9. Do **NOT** shave the operative area of your body 24 hours prior to your surgery.
10. Limit the use of beauty products for your hair, colognes/perfumes or make-up prior to the surgery.
11. Leave valuables at home.
12. Remove all body piercing jewelry and leave at home.
13. Glasses or contact lenses can not be worn during surgery.
14. Limit the number of people who accompany you to the surgery center.
15. Child patients may bring a favorite toy or blanket to keep them company.
16. Arrive 1 hour early to the surgery center/hospital unless told otherwise.
17. Arrange for transportation home from surgery.

Signature

Date